



When the Bough Breaks: Forever After the Death of a Son or Daughter

Judith R. Bernstein

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"For every parent who loses a child, when one life ends another life is forever changed." --from *When the Bough Breaks*

When the Bough Breaks presents a breakthrough concept of mourning, documenting the process of evolution from initial grief to an altered outlook on life. Excerpts from interviews with 50 parents who lost a child from five to forty-five trace the road from utter devastation to a revised view of life, resulting in a work that is a tribute to resilience and the indomitable human spirit.

Author Judith R. Bernstein, Ph.D., speaks from the dual perspectives of bereaved parent and psychologist. She weaves keen psychological insight with the voices of parents to achieve an intelligent volume that is at once heartbreaking and heartwarming. The wisdom of her science and her heart combine to result in a book that teaches the psychology of bereavement with profound tenderness.

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