



## **42 Vegan Protein Shakes and Smoothies: Quick, Easy and Perfect for Clean Eating**

*Kelli Rae*

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42 Amazingly Simple Vegan Protein Shakes and Smoothies Limited Time Bonus – 6 Sinfully Sweet Snacks that are Unbelievably Healthy. PERFECT for anyone who wants to eat a healthy meal or snack but has very little time to spare. 42 Vegan Protein Shakes and Smoothies: Quick, Easy and Perfect for Clean Eating is all about feeling good and becoming healthier while also making a meal quicker and easier. What is a solution? Smoothies and protein shakes! Besides just being a healthy meal, they are also convenient because they can be consumed at any time during the day. They can also help fight a "sweet tooth". You may even lose some weight and also save some money on your grocery bill. There are a wide variety of ingredients in these recipes, including: • Strawberries • Chia seeds • Almond milk • Watermelon • Cherries • And more! These recipes are unique, enjoyable and also include a healthy fact about an ingredient in each recipe. Want to learn more? Buy Your Copy Right Now!

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