



C. Diff In 30 Minutes: A Guide To Clostridium Difficile For Patients & Families

J. Thomas Lamont

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NEW: Revised in 2015 with the most up-to-date C. diff info from medical research and hospital

treatments! Have you been diagnosed with C. diff, or do you have a family member suffering from

symptoms of a C. diff infection? Do you want to know what causes C. diff, how to limit its spread, and

modern C. diff treatment options? In *C. Diff In 30 Minutes: A Guide To Clostridium Difficile For Patients*

And Families, author and Harvard Medical School Professor J. Thomas Lamont, M.D. uses plain-English

explanations and case studies to describe this unpleasant gastrointestinal infection and how it can be

successfully treated. One of the world's top experts on C. diff, Dr. Lamont has conducted ground-breaking

research on the bacterium and has helped thousands of patients with C. diff. Clostridium difficile, or C. diff,

is one of the most common hospital-acquired infections in the United States. In a recent study at a major

Boston teaching hospital, nearly 1/3 of inpatients who were given antibiotics were infected with C. diff.

More than half of these patients suffered from diarrhea and other symptoms. *C. Diff In 30 Minutes* includes

sections about:

- The origins of C. diff
- How you can get C. diff
- Four C. diff cases, from infection to cure
- Antibiotics that can lead to C. diff infections
- Doctor-recommended treatments, including antibiotics and cutting-edge C diff treatments such as the stool transplant
- How to limit the spread of C. diff
- Recurring C. diff: What causes it, and special treatments
- A glossary of medical terms
- Online resources

***C. Diff In 30 Minutes* is not a DIY guide** -- a doctor is needed to diagnose and treat C. diff. However, this guide can help you understand what your doctor is recommending and why. If you or a loved one has C. diff, *C. Diff In 30 Minutes* can be an invaluable resource to understand and deal with the infection and related health issues.

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