



Prevail: Discover Your Strength in Hard Places

Cindy Trimm

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Your problems don't define you; they refine you.

Sometimes life feels like a roller coaster ride filled with ups, downs, twists, turns, and unexpected sudden drops. Instead of moving forward with peace and purpose, our lives spin out of control. When chaos and uncertainty threaten to make you feel helpless . . . what do you do?

Don't let life's detours take you for a ride. Get back in the driver's seat!

In *Prevail*, life strategist, Dr. Cindy Trimm, reveals how you can **turn problems into opportunities** so no pitfall will throw you off course. Discover how you can:

- See your current *challenges as doorways* to new levels of success
- *Break through barriers* that keep you from enjoying life and loving the real you
- Develop a *winning perspective* that positions you to prosper
- Wake up every morning with a *sense of meaning*, purpose, dignity, and hope

Your success, fulfillment, satisfaction, and destiny await you on the other side of your struggles, fears, setbacks, and disappointments. In the same way that a diamond is brought to beauty through immense stress, your true strength of character, worth, and value are found by embracing the prospering power inherent in your problems.

You are tougher than your tough times.

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