



# The New Personality Self-Portrait: Why You Think, Work, Love and Act the Way You Do

*John Oldham, Lois B. Morris*

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*The New Personality Self -portrait* is the only guide to personality types based on the American Psychiatric Association's just-published official diagnostic system -- the DSM -IV -- and written by one of today's leading personality researchers. A long-time backlist bestseller in its previous edition, it has now been completely updated to include all the fascinating new information about how we become who we are-and how we can change. The self-test in *The New Personality Self -portrait* is already used extensively in mental health and business settings. It reveals a profile so personal, so accurate, that it's as individual as a fingerprint. Readers discover their unique mix of 14 distinct personality styles -- and learn how those traits impact their relationships, work and home life. Fascinating case histories show each style in action, with tips on how to live and work with every type, and exercises for turning vulnerabilities into strengths -- plus warnings about when individual differences develop into personality disorders.

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The New Personality Self-Portrait: Why You Think, Work, Love and Act the Way You Do can be one of your beginner books that are good idea. We all recommend that straight away because this publication has good vocabulary that will increase your knowledge in terminology, easy to understand, bit entertaining but delivering the information. The author giving his/her effort to set every word into delight arrangement in writing The New Personality Self-Portrait: Why You Think, Work, Love and Act the Way You Do however doesn't forget the main place, giving the reader the hottest as well as based confirm resource facts that maybe you can be considered one of it. This great information may drawn you into brand new stage of crucial pondering.

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