



You Can Create an Exceptional Life

Cheryl Richardson, Louise L. Hay

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For countless people, the words of Louise Hay have served as a beacon, leading them out of the darkness of despair and into the light of a better life. Cheryl Richardson is one of the many individuals whom Louise has greatly influenced . . . before going on to become a best-selling author herself. So what happens when these two combine their collective wisdom into one book?

The result is what you're now holding in your hands. As Louise and Cheryl engage in a series of empowering and intimate conversations, you'll feel as if you're simultaneously having lunch with your best friends and also attending a master class put on by two leaders of the self-empowerment movement. As they travel throughout North America and Europe together, Louise and Cheryl discuss a wide range of topics, including:

- the importance of loving ourselves and our bodies
- aging consciously
- bringing true prosperity and abundance to the world
- manifesting positive relationships-both with family and friends and in the workplace
- and facing death in a dignified and peaceful way.

These two amazing women are living proof that the spiritual principles they discuss in these pages really work. As you read, you'll discover that you, too, have the ability to create an exceptional life!



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