



Don't Think Twice: Adventure and Healing at 100 Miles Per Hour

Barbara Schoichet

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A late-in-life coming-of-age escapade told with humor and heart, *Don't Think Twice* is a moving and irreverent account of grief, growing up, and the healing power of adventure.

Within six months, Barbara Schoichet lost everything: her job, her girlfriend of six years, and her mother to pancreatic cancer. Her life stripped bare, and armed with nothing but a death wish and a ton of attitude, Barbara pursues an unlikely method of coping. At the age of fifty she earns her motorcycle license, buys a Harley on eBay from two guys named Dave, and drives it alone from New York to Los Angeles on a circuitous trek loosely guided by her H.O.G. tour book and a whole lot of road whimsy.

On the open highway—where she daily takes her speed to a hundred—Barbara battles physical limitations and inner demons on a journey that flows through the majestic Appalachian Mountains, the enchanting Turquoise Trail, and all along America's iconic Route 66. She is awed by the battlefields in Gettysburg, stunned by the decadence of Graceland, and amused by a Cadillac graveyard in the middle of nowhere. She meets kind strangers, odd strangers, and a guy who pulls a gun on her for cutting him off. She is vulnerable but sassy, broken but determined to heal . . . or die trying.

From the Hardcover edition.

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Frederica Dawkins:

Exactly why? Because this Don't Think Twice: Adventure and Healing at 100 Miles Per Hour is an unordinary book that the inside of the guide waiting for you to snap the idea but latter it will jolt you with the secret that inside. Reading this book next to it was fantastic author who have write the book in such wonderful way makes the content on the inside easier to understand, entertaining approach but still convey the meaning totally. So , it is good for you for not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of rewards than the other book have such as help improving your talent and your critical thinking technique. So , still want to hesitate having that book? If I were being you I will go to the publication store hurriedly.

Jennifer Bedard:

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