



Nutrition and Diet Therapy, 8e

Sue Rodwell Williams PhD MPH RD MREd

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This renowned text, now in its eighth edition, presents normal nutrition and then explains how to apply nutritional concepts in the community and clinical environments. The easy-to-follow format allows students to discover the fundamentals of nutrition and then apply their knowledge to health maintenance throughout the life cycle. NUTRITION AND DIET THERAPY offers comprehensive coverage of all aspects of nutrition - students are sure to refer to it time and again throughout school and their career!

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