



# Being Home: The Art of Belonging Wherever You Are

Rebecca Ross

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Home is more than an address. It's a place you belong, one that reflects who you are. This feeling of belonging comes from your *being*, as well as *where* you are.

Recognizing that relationship between you and your environment opens a door. When you understand the link between these two, you can step across a threshold and make your home a place that works well and feels right.

Being Home teaches you how to establish this link between you and the outside world by

- Creating awareness about your natural and energetic boundaries,
- Finding your own roots and how to connect to your spaces, and
- Utilizing the three fundamental qualities of an environment to create a feeling of home wherever you are.

Each lesson is supported by a variety of exercises that can be performed at home, at the grocery store, even while stuck in traffic. When you engage with your surroundings, you'll move with fluidity and confidence anywhere—a crowded room, an empty street, and anywhere in between.



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Spent a free time to be fun activity to do! A lot of people spent their leisure time with their family, or their friends. Usually they performing activity like watching television, about to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to test look for book, may be the e-book untitled Being Home: The Art of Belonging Wherever You Are can be excellent book to read. May be it can be best activity to you.

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