



## Contraception Made Easy

*Laura Percy, Diana Mansour*

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## From reviews:

"This book aims to provide a concise yet comprehensive overview of contraceptive methods, and issues related to their use. The authors have succeeded in this aim, producing a very readable book, which can equally be read as a whole or in sections without losing the context... I thought that the chapters on combined oral contraceptives and emergency contraception were particularly good, and the chapter providing an overview of sexually transmitted infections and their management highlighted an important but potentially overlooked element of a contraceptive consultation. Other particularly useful features of the book are the 'starting regimens' and 'myths and misconceptions' sections included for each method, which provide clear guidance on treatment initiation and robust discussion on common misapprehensions about contraception. The book includes a useful decision tree on which to base an initial consultation..."

*J Fam Plann Reprod Health Care* 2016;42:58.

***Contraception Made Easy*** provides a concise overview of the subject and is especially written for non-specialists. The main audience for the book will be those working or training in primary care who want an easy-to-access, brief reference on the subject.

Building on the success of the other Made Easy books (*Medical Statistics Made Easy, Clinical Evidence Made Easy, Healthcare Economics Made Easy, Practice Accounts Made Easy*), this book provides concise and easy access to the key areas of contraception required by primary care professionals.

About the authors:

**Laura Percy** is a Specialist Registrar in Community Sexual and Reproductive Health.

**Diana Mansour** is a Consultant in Community Gynaecology and Reproductive Healthcare and Head of the Integrated Sexual Health Services for

Newcastle upon Tyne, UK. She is also a Faculty Officer and Treasurer for the Faculty of Sexual and Reproductive Health Care, UK.

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#### **Ted Bryant:**

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