

# **Gardens of Plenty: The Art of the Potager Garden**

Marylyn Abbott



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From window sills and balconies to small town gardens and country estates, vegetable gardens that are both beautiful and productive have their roots in ancient tradition but are as relevant and fresh today as Marylyn Abbott traces the history of the potager around the world and discusses its interpretation by contemporary designers. As well as inspirational photography, there is practical advice on planning, designing and using a potager that is both productive and beautiful, as well as clever advice on making the most of smaller spaces such as patios and containers. A glossary of details gives information on the many decorative and useful aspects that can be incorporated into a potager. This title explores the resurgence of interest in ancient ways of producing natural foods and remedies from herbs, vegetables, fruit and flowers, and reflecting contemporary interest in all things natural, pure and organic. they were a thousand years ago.

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