



The High Atlas: Treks and climbs on Morocco's biggest and best mountains (Collections)

Hamish Brown

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This is an inspirational book packed with anecdotes and insights and describing the best treks and climbs in the High Atlas mountains of Morocco, in North Africa, illustrated with dazzling photographs of the mountains and the mountain people, the Berbers. The range has endless tops of over 3000m and some over 4000m, including Jbel Toubkal, Ouanoukrim and Ighil Mgoun (Oumsoud), but travelling through the valleys and experiencing the welcoming Berber people and their culture, is also key to appreciating the High Atlas. The passion of author Hamish Brown's 50-year love affair with the High Atlas fills every page of this unique guide, which describes 48 routes across the range, from north east to south west, from the Eastern High Atlas, through the Mgoun Ranges, the Toubkal Massif and the Tichka Plateau to the Western Atlas. Practical information for first-time visitors to the region is also provided, including how to plan your trip, getting there and getting around, selecting local guides, dealing with bureaucracy, health and safety concerns, what to take and how to get hold of the best maps and guidebooks.

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