



Castor Oil: A Miracle Cure?

Lesley LaBoda

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Castor oil has always been regarded as good for whatever ails you. The castor bean plant has been cultivated for over 7000 years. This short comprehensive book gives the history of castor oil from Egyptian and Roman times to it's current use as part of the Chinese pharmacopoeia and homeopathic traditions. The book stresses the safe use of castor oil, for its shells contain ricin, listing the PDR's contraindications. The medical uses from headaches to rheumatism are discussed as are methods of application. Some health and beauty recipes are given, including one for Love and Marriage Soap

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