



# The Therapeutic Situation in the 21st Century

*Mark Leffert*

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## **The Therapeutic Situation in the 21st Century** Mark Leffert

Extending the themes of *Contemporary Psychoanalytic Foundations*, *The Therapeutic Situation in the 21<sup>st</sup> Century* is a systematic reformulation of fundamental psychoanalytic concepts, such as transference, therapeutic action, and the uses of psychotropic drugs, in the light of recent developments in postmodernism, complexity theory, and neuroscience. Leffert offers formulations of areas not previously considered in any depth by psychoanalysts, such as power relations in the analytic couple, social matrix theory, and narrative theory informed by considerations of archaeology, genealogy, complexity, memory, and recall. He also considers new areas, such as the role of uncertainty and love in the therapeutic situation. This book is part of an ongoing effort to place psychoanalysis in the current century, and looks to outside as well as inside areas of thought to inform how we work and how we think about our work.

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