



Monday Night at Narsai's: An International Menu Cookbook from the Legendary Restaurant

Narsai M. David, Doris Muscatine

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In the San Francisco Bay Area, Narsai, a son of Assyrian immigrants, launched a gastronome's delight, Narsai's Restaurant, in the small East Bay community of Kensington in 1970. Narsai's Restaurant, Market and Catering businesses were a culinary mecca for traveling gourmets. The hospitable redwood dining room was the backdrop for some of the most attentive service and finest food ever served forth. The wine list at Narsai's was described as "one of the ten finest in the world" by the New York Times. Centerpiece for the restaurant's fame was its Monday Night Dinner Series at which Narsai offered a fixed menu from whatever cuisine happened to capture his attention and appeal to his senses at the moment. Rock impresario Bill Graham called on Narsai regularly to cater his concerts as did the Napa Valley Wine Auction and San Francisco Symphony. He closed the landmark dining room in 1986, taking with him one of the country's most extraordinary wine cellars, a line of specialty food products bearing his name, and a recipe collection that would eventually be published as this book by Simon and Schuster. Narsai hosted the nationally syndicated PBS television series, "Over Easy." From 1984 to 1995, he wrote a column for the San Francisco Chronicle Food Section titled "California Cuisine." From 1987 to 1996, Narsai was Resident Chef at "Mornings on 2" for KTVU in Oakland. Narsai was also co-host of "Cook Off America," a PBS series. As "Macy's Culinary Expert" for ten years, he hosted cooking demonstrations every Saturday morning at the flagship store on Union Square in San Francisco. Today, as Food and Wine Editor at San Francisco's KCBS radio station, Narsai broadcasts his secrets of gourmet cooking weekly. Narsai oversees the management and new-product development for his line of Specialty Food Products, and makes celebrity chef appearances at festivals throughout the world.

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