



Banish Clutter Forever: How the Toothbrush Principle Will Change Your Life

Sheila Chandra

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Why is it that even the most disorganised person never seems to lose their toothbrush?

How can this simple fact solve all our clutter problems?

The Toothbrush Principle is a simple yet inspired approach to de-cluttering your home. Whether you live in a mansion or a bedsit, this book will show you how to: organise according to the unconscious blueprint that naturally tidy people have, so that getting and staying organised is easy; know what to throw away with confidence; set up your wardrobe so you get much more use out of the clothes you have; work from home productively in a clear, designated space; tame your inbox!

Step-by-step, room-by-room, you'll soon find that you hardly ever lose things, massive clear outs become a thing of the past and you never spend more than 10 minutes a day tidying up.

So stop drowning in piles of clutter, learn how to be organised and start creating space to live out the life of your dreams!

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