



Ready to Wed: 12 Ways to Start a Marriage You'll Love

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Rings. Dress. Cake.

You're engaged, and the checklist for the day of your dreams is a mile long. In the *who*, *what*, *where*, and *how* of planning, the *why* can be forgotten.

Ready to Wed discusses 12 Traits of a thriving marriage and offers a variety of topics to guide and advise those preparing to say, "I do!"

Learn to:

- Define a vision statement unique to your marriage.
- Positively engage conflict to build a foundation of trust and forgiveness.
- "Leave and cleave," even if you are a child of divorce.
- Manage expectations—and your in-laws!
- Navigate hot-button issues including, sex and the chore wars.
- Cope with change, stress, and crisis—especially in your first year.
- Build a community of support and find mentors.
- Assess your progress using the Couple Checkup.

Loaded with advice, tips, and instructions, this valuable resource is ideal for soon-to-be-newlyweds and those who support them!

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