



Vegan Mug Cakes: Sweet Treats for Conscientious Consumers

Cara Cillian

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Mug cakes are known for being a quick, easy option for when you want a warm, decadent dessert without the hassle or waste of baking a full size confection. These single serve desserts are the definition of easy sweet treats for one! The 30 recipes in this book bring the convenience and deliciousness of mug cakes to vegans, and to any one else who cannot partake in meat or dairy products. You can have your cake and keep your beliefs too!



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