



# What Every Singer Needs to Know About the Body, Third Edition

*Melissa Malde, MaryJean Allen, Kurt-Alexander Zeller*

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*What Every Singer Needs to Know About the Body, Third Edition* gives singers and teachers a Body Mapping resource - from anatomy and physiology to body awareness - that helps them discover and correct misconceptions about how their bodies are designed and how they function. This book provides detailed descriptions of the structures and movements necessary for healthy and efficient body awareness, balance, breathing, phonation, resonance, articulation, and gesture. Many voice books focus on the anatomical facts, but leave singers asking, "How can I apply this to my singing?" "What Every Singer Needs to Know About the Body" helps to answer that question, providing practical exercises and detailed illustrations.

For the third edition, the authors have updated and expanded the content throughout the book. Some specific additions include:

- Updates and extensions throughout in response to reader feedback.
- Additional recommended resources and websites for further reading.
- Audio and video recordings of the exploratory exercises available on a PluralPlus companion website.

This book provides the technical foundation for singers of all styles. The authors do not espouse a single method or attempt to teach singing techniques or styles. Rather, they describe the movements of singing with accuracy and detail so that singers may experiment on their own and communicate with each other in a common language.

In the words of Lynn Holding, Associate Professor of Practice in Vocal Pedagogy at the University of Southern California Thornton School of Music and author of the "Mindful Voice" column in the *Journal of Singing*:

*"What sets this book apart are the detailed exercises designed to inculcate accurate kinesthesia in singers. This facet of the book is critically important, because it is not sufficient to simply possess declarative knowledge of voice physiology. Singers must develop body sense on how to marshal all the components of the five systems of the voice (respiration, phonation, resonation, articulation and cognition) to work together to create efficient, artistic singing."*

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**From reader reviews:**

**Louise Reyes:**

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**Susan Demar:**

Precisely why? Because this What Every Singer Needs to Know About the Body, Third Edition is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will shock you with the secret the item inside. Reading this book alongside it was fantastic author who all write the book in such incredible way makes the content inside of easier to understand, entertaining way but still convey the meaning totally. So , it is good for you for not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of rewards than the other book possess such as help improving your expertise and your critical thinking approach. So , still want to delay having that book? If I were being you I will go to the e-book store hurriedly.

**Ann Goddard:**

Is it anyone who having spare time then spend it whole day simply by watching television programs or just resting on the bed? Do you need something new? This What Every Singer Needs to Know About the Body, Third Edition can be the reply, oh how comes? It's a book you know. You are so out of date, spending your spare time by reading in this brand-new era is common not a geek activity. So what these publications have than the others?

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