



# Global Spices for Everyday Cooking

*Sarah Golbaz, Hellmut Wagner*

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## **Global Spices for Everyday Cooking** Sarah Golbaz, Hellmut Wagner

Spices can transform a meal into a feast for the palates, and add surprising flavors to your dishes. This richly illustrated handbook provides a wealth of knowledge about spices, their cultivation, their storage, and how to use them when cooking. Sorted by their different flavor notes, from mild and harmonic to spicy, the spices are each presented in a short profile, followed by more than one-hundred appetizing recipes for every taste and occasion.

**Sarah Golbaz** runs a blog dedicated to spices.

**Hellmut Wagner** is the founder of a company specializing in importing and marketing exotic spices.

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