



The New Father: A Dad's Guide to the First Year (New Father Series)

Armin A. Brott

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An indispensable handbook on all aspects of fatherhood during the first 12 months, by the author of *The Expectant Father*.

The essential handbook for all things first-year father is now fully updated and revised. Not only will new dads get a month-by-month guide to their baby's development, men reading *The New Father* will learn how they change, grow, and develop over the first twelve months of fatherhood.

In each chapter, Brott focuses on What's Going On with the Baby; What You're Going Through; What's Going On with Your Partner; You and Your Baby; Family Matters; and more. The latest research, as well as time-honored wisdom--and humor, thanks to New Yorker cartoons and Brott's light touch--make *The New Father* indispensable for the modern father who doesn't want to miss a moment of his child's first year.

What's new?

- How technology is changing fatherhood
- Changing definitions of fatherhood
- Changes in the way society deals with dads—from changing tables in public men's rooms to workplace flexibility
- Research proving that a father's love is just as important as a mother's
- How being an involved dad rewires a man's brain
- How changes in women's roles in the family affect dads and their roles
- Special concerns for: young dads, older dads, at-home dads, unmarried dads, dads in same-sex couples, dads in blended families, dads of kids with special needs, and men who became dads with the help of technology
- The special impact dads have on girls and boys
- Specific strategies dads can use to get—and stay—involved in their children's lives
- Updated resources for new fathers

Not to mention new research and information on:

- How to understand what your baby is telling you
- Babies' amazing abilities
- Baby massage--they love it!
- The latest on vaccinations and healthcare
- And much, much more

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Linda Hupp:

The book *The New Father: A Dad's Guide to the First Year (New Father Series)* give you a sense of feeling enjoy for your spare time. You need to use to make your capable more increase. Book can to get your best friend when you getting strain or having big problem along with your subject. If you can make examining a book *The New Father: A Dad's Guide to the First Year (New Father Series)* for being your habit, you can get considerably more advantages, like add your personal capable, increase your knowledge about a few or all subjects. You could know everything if you like open and read a guide *The New Father: A Dad's Guide to the First Year (New Father Series)*. Kinds of book are a lot of. It means that, science publication or encyclopedia or other people. So , how do you think about this reserve?

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Albert Guerra:

Reading can called head hangout, why? Because if you are reading a book specially book entitled *The New Father: A Dad's Guide to the First Year (New Father Series)* your brain will drift away trough every dimension, wandering in every aspect that maybe not known for but surely will become your mind friends. Imaging every single word written in a publication then become one form conclusion and explanation that maybe you never get before. The *The New Father: A Dad's Guide to the First Year (New Father Series)* giving you a different experience more than blown away your mind but also giving you useful details for your better life in this particular era. So now let us present to you the relaxing pattern the following is your body and mind will be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary spending spare time activity?

Christopher Arnold:

As we know that book is essential thing to add our knowledge for everything. By a guide we can know everything we would like. A book is a list of written, printed, illustrated as well as blank sheet. Every year ended up being exactly added. This book *The New Father: A Dad's Guide to the First Year (New Father Series)* was filled in relation to science. Spend your spare time to add your knowledge about your scientific disciplines competence. Some people has different feel when they reading any book. If you know how big

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