



Chronic Disease Management

Jim Nuovo (Ed.)

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Primary care physicians and allied health professionals must learn how to efficiently and effectively provide care for patients with chronic diseases. That is why the focus of this book is on optimizing management and outcomes rather than on routine diagnosis. The reader learns proven methods for treating the most common chronic conditions that they see in daily practice. Chapters are structured to help physicians quickly adopt evidence-based management techniques specific for each condition, such as the implementation of medication regimens. Of particular benefit are office visit templates for providers. The templates show what patient data should be collected and measured during each office visit. Other innovative approaches, including registry development, group visits, and shared medical appointments, are detailed as well. Special emphasis is placed on the use of action plans and educational resources for promoting patient self-management.

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