



Common Dilemmas in Couple Therapy

Judith P. Leavitt

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Common Dilemmas in Couple Therapy addresses four common problems that couples therapists face everyday in their offices – problems that leave therapists exhausted, drained, challenged, alive, racing, and on edge. These dilemmas encompass not only the difficult challenges therapists face everyday, but also the passions and profound disappointments of human intimate partnerships. The purpose of this book is not only to explore and give case illustrations of these dilemmas, but also to give therapists strategies to use and help them understand and handle their own profound experiences while doing this work.

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