



# Supporting Children with Post Traumatic Stress Disorder: A Practical Guide for Teachers and Professionals

*David Kinchin, Erica Brown*

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It is estimated that at any one time around 135,000 school children are suffering from post-traumatic stress disorder (PTSD). They may be survivors of abuse (physical, emotional or sexual) or bullying. Some may have been involved in a road accident, an accident at home or any other traumatic event. This book provides teachers, support staff and other educational professionals with the information they need to, really understand the implications of PTSD, ably and effectively support and educate a traumatized child, address questions such as what can cause PTSD in young people? and understand how PTSD might affect the education of children at school.

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