



# Regina's International Vegetarian Favorites

*Regina Campbell*

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## **TOUR GUIDE:REGINA CAMPBELL**

Creator of exotic, yet easy-to-prepare, vegetarian dishes-and host of public TV's "Regina's Vegetarian Table."

## **A VEGETARIAN PASSPORT TO CULINARY STYLES AND HOT-SPOTS...**

Cajun/Creole \* Caribbean \* China \* Coastal U.S. \* Eastern Europe \* France \* Greece India \* Italy \* Japan \* Mexico Middle East \* New Southern Southeast Asia \* Southwestern

## **FEATURING MORE THAN 140 RECIPES-**

from appetizers to beverages

Jerk-Style Black Beans \* Saut&eacute;ed Tofu in Mushroom Sauce \* Madame Bovie's Borscht \* Provencal Potato Gratin \* Baklava \* Indian Creamed Spinach \* Chai \* Grilled Eggplant and Onion Bruscetta \* Avocado Sushi \* Grilled Teriyaki Eggplant \* Papaya and Roasted Pepper Salsa \* Lime Sherbet with White Chocolate \* Mediterranean Vegetable Strata \* Stuffed Figs in Chocolate \* Spicy Pineapple and Coconut Milk Soup \* Ginger Broccoli and Noodle Salad \* Dirty Rice and Beans \* Cheesy Grits with Pecans \* Lime Tart with Tequila

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