



# The Deerholme Foraging Book: Wild Foods from the Pacific Northwest

*Bill Jones*

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## **The Deerholme Foraging Book: Wild Foods from the Pacific Northwest** Bill Jones

*The Deerholme Foraging Book* is an exploration of the wild foods found in the Pacific Northwest. It is written by award-winning chef and author Bill Jones and features local mushrooms, edible plants, sea vegetables, and shellfish. The book is the product of twenty years of research and professional cooking with foraged foods. It serves as an introduction to the world of wild food and contains identification and sourcing information, harvesting and preparation tips, and more than one hundred delicious recipes featuring many types of wild foods. The recipe list includes techniques for preserving food and covers basic pantry preparations, appetizers, soups, salads, and desserts, as well as meat, seafood, and vegetable dishes. The recipes are global in influence and use simple techniques woven in with expert knowledge to create good, homemade food.

Linking to traditional uses for wild foods and future possibilities for our diet and wellbeing, as well as enhancing our appreciation of the environment around us, *The Deerholme Foraging Book* also includes an index, a bibliography, full-colour photos of wild foods and dishes, and Jones's own foraging stories.

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