



Social Work Methods and Skills: The Essential Foundations of Practice

Karen Healy

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Theories, methods and skills are the bedrock of all social work practice; yet how they are used varies according to the needs of the client and the practice context.

In this brilliantly systematic and comprehensive text, Karen Healy provides an integrated approach to social work methods and skills. Recognizing social work as a diverse activity that is rooted in common foundations, she explains how practice both shapes and is shaped by professional purpose. In particular, she:

- Advocates a dynamic generalist model for working with individuals, families, groups and organizations
- Provides a rigorous account of practice methods, influenced by critical social work theory, systems theory, strengths perspectives and research evidence
- Presents each method with unrivalled clarity and analytic coherence, using a range of exercises and reflective material to support personal engagement and understanding.

Social Work Methods and Skills offers a step-by-step discussion of social work practice that will empower readers to develop and refine their professional toolkit for purposeful and innovative interventions. It is an essential resource for any social work student or practitioner looking to build, or consolidate, their understanding of the range of methods and skills available for effective professional practice.

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